

#### CATHEDRAL CONNECTION

#### The Cathedral of All Souls

Biltmore Village, Asheville, NC 28803 February 2014

#### Parish Members Take Their Faith On the Road

Retreat with Presiding Bishop Jefferts Schori Sunday, April 6–Tuesday, April 8, 2014 Lake Logan Retreat Center (p. 2)



A Scottish Pilgrimage: a nine-day tour in May 2015 to learn more about Celtic Christianity (p. 6)

Women's Retreat in Canton: leading a holy life means leading a whole life (p. 7)





Hong Kong Mission: Will Bryant continues his mission service (p. 9)



West Bengal, India: Canon Thomas Murphy visits Durgapur (p. 11)



Grand Marshal Gertrude Bruton, 93, leads the 2014 MLK Peace March with disabilities activist Bernadette Thompson

#### FEBRUARY CALENDAR

- 2: "An Examined Life" Adult Forum begins (p. 2)
- 2: Foyer Groups registration deadline (p. 2)
- 8: CUC Advocacy Project discusses Chapter 5 of *The*New Jim Crow (p. 8)
- 15: Autumn Grace meeting on death & dying (p. 15)
- 16: Communal Breakfast (p. 2)
- 17: Episcopal Peace Fellowship planning meeting (p. 4)
- 23: Introduction of Lent Small Groups (p. 2)
- 24: Book Group reads Emily Bronte's Wuthering Heights (p. 5)
- 26: Senior Lunch Bunch on the Church of the Advocate (p. 9)

All Souls is a eucharistically centered cathedral whose life is formed by scripture, the baptismal covenant and our engagement with the world about us. It is a community where all are welcome, trust is present, risks are taken, and where our gifts and graces enable us to be who God knows us to be.

#### **ADULT FORUM**

Sundays, 10:15 a.m., Zabriskie Hall

#### Sunday, February 2: An Examined Life, Our Personal and Communal Economics

We talk much about spiritual practices personal and communal (prayer, liturgy, reading, various forms of contemplation) in order to grow in listening to God, ourselves and the world more deeply. What would it look like if we applied the same practice to our economics and finances, both communally and personally? What happens for us when we make money and personal/communal economics part of our examined life? Led by Rosa Lee Harden.

#### Sunday, February 9: An Examined Life, Our Personal and Communal Economics

Jane Hatley of Self-Help Credit Union, Glenda McDowell and Michael Smith will lead a discussion of how we see our budgets not simply as debits and credits, but as choices with impact, not simply as in and outflow, but as opportunity for reflection and discernment. What are the pressures of budgets and values?

Sunday, February 16: Communal Breakfast

#### **Sunday, February 23: Introduction of Lent Small Groups**

We will again offer small groups for study and reflection during the season of Lent beginning Thursday, March 13. Presenters will discuss groups being offered and how to participate. Led by Todd Donatelli, Cloe Roderick, George Fleming, George Sieburg, Jeanine Siler-Jones, Mahan Siler, Rosa Lee Harden.

#### DO JUSTICE, LOVE MERCY, WALK Humbly in a 21st-Century World

A Retreat with The Most Reverend Dr. Katharine Jefferts Schori, 26th Presiding Bishop of the Episcopal Church

Sunday, April 6–Tuesday, April 8, 2014 Lake Logan Retreat Center

The Diocese of WNC is blessed to welcome our Presiding Bishop and to have an opportunity to participate in a two-day retreat with her on the topic, "Do Justice, Loving Mercy, and Walking Humbly in a 21st-Century World."

Bishop Katharine has a passion for justice work on a local, national, and international level. She is a champion of the Millennium Development Goals as well as the Five Marks of Mission. Her presentations will help participants connect justice work in the local context with the reality of living in a global village. How can what we do in Morganton help our brothers and sisters in Nigeria?

The retreat will also offer a time to learn from each other, to share what you are doing in your local ministries, and opportunities to collaborate around shared passion and need. Save this date. It's important for the Church; it's important for our towns and cities; it's important for the planet. For questions, contact Robbin Whittington: robbin@thecsr.org. You can register on the CSR (thecsr.org) or diocesan (diocesewnc.org) websites.

## A LONG EPIPHANY, EXAMINATION, SABBATICAL: SPACE

#### Our need for Space

In the Christmas Eve sermon, I mentioned an article in *Scientific American* titled, "Why your brain needs more downtime." (Scientific American, Oct. 15, 2013) Apparently in downtime, naps, sleep, quiet walks, gardening, meditation, our brains become more active in the work of synthesizing, making connection of all the things going on in our lives. Brain scans show differing regions of the brain firing up during rest, apparently interacting and speaking mutually about what has been stored from our daily lives. It is why we have epiphanies, they say, in the shower or driving down the road or in dreams. In rest, our brains have the space to ponder and integrate.

#### A Long Epiphany and Examination

This may be the very latest Ash Wednesday can appear in the Church Calendar (March 5). As such, we have an extended Season of Epiphany. I have heard more than a few folks express appreciation for some extra breathing time before we sojourn into Lent. From the parishioner who recently said, "I am hoping for a few less funerals at All Souls this year," to other folks who have been through major life shifts and challenges this past year, a longer Epiphany allows some extra space to "be" liturgically, to have a bit more time to take in and ponder the light within us, the light of this season.

One way we will use this extended time is an offering that Rosa Lee Harden, Michael Smith, Glenda McDowell, guest speaker Jane Hatley and I will make in the Adult Forum this month (see Adult Forum information on page 2 for more detail). We will be talking about an examined life, which is not a new subject for the church. What will be a bit different is that we will be asking, "What would it be like if we examined our economics, our finances as we do our spiritual, our physical lives?"

We talk much about spiritual practices personal and communal (prayer, liturgy, reading, various forms of contemplation) in order to grow in listening more deeply to God, ourselves, and the world. What would it be like if we applied the same practice to our



economics and finances, both communally and personally? You have heard me say before that I long for the day when my wallet is as spiritually nourishing as liturgy, scripture, gardening and the other places I seek this sustenance. In the Adult Forum on February 2 and 9 we will venture into this conversation. I truly believe amazing freedom awaits communities who will make this venture. I have no idea where it might lead us but know I need you and we need each other if we are to walk into this area that preoccupied so much of Jesus' conversation. Please join us.

#### Sabbatical

Space is on my mind as I prepare for an upcoming sabbatical this summer. The unofficial theme for this sabbatical is 'Somewhere between Rome and Assisi'. It speaks to me of our paradoxical, interconnected need for structure and freedom, order and liberty, in our lives, in our institutions, in our communal life and practice. Rome reflects the structure, the institution, while Assisi reflects the freshness of St. Francis. Both need each other; either without the other is deadly. I am compelled by the reality of a new Pope, who is a Franciscan, who is embodying this tension and offering us much to ponder.

There will be opportunity later this spring to talk more about this time away and the reality that sabbaticals are not a one-way street. As we have learned in the past, sabbaticals are times for both the priest and congregation to have intentional spiritual space which deepens all.

Blessed extended space of Epiphany,



### EPISCOPAL PEACE FELLOWSHIP

#### PLANNING FOR 2014

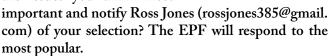
The Episcopal Peace Fellowship is asking for your help in planning 2014. Our Mission Statement calls us to support each other and our community in responding to our Baptismal vow to "strive for justice and peace among all people, and respect the dignity of every human being." Part of the way we try to respond is to sponsor peaceful discussions on divisive issues, discussions based on facts and not fears.

At our January 12 meeting we identified far more issues than we can handle and would like the



**Photo by Bob Young** 

narrowing process to include far more than just the EPF. Dean Donatelli and Father Murphy have agreed that the whole parish should be involved. Would you please look at the list below, select the issues you think most



(Before listing them, please note our new meeting time beginning in February: 5:30 p.m. on third Mondays in the Christian Ed. room of All Souls. We would love to have you join us.)

- 1) Growing economic disparity between rich and poor
- 2) Racial inequality in prison incarcerations
- 3) Inequality in death sentences
- 4) Israel/Palestine: A three-week study session on the new book, *My Promised Land*
- 5) Israel/Palestine: A three-film series on the plight of Palestinians
- 6) National Security: What does it mean and how do we balance it with other factors?
- 7) Prevention/reduction of gun violence
- 8) Guantanamo
- 9) Immigration

We also mentioned two things that are goals more than discussions: 1) we want to increase linkage with other local like-minded groups, 2) we seek increased familiarity with the current state of Moral Mondays.



# THIS (LATE) FEBRUARY AND (EARLY) MARCH, THE ALL SOULS BOOK GROUP WILL READ...

#### Emily Brontë's Wuthering Heights...

...and Anne Carson's long poem, "The Glass Essay"

Come join the All Souls Book Group for a discussion of Emily Brontë's novel *Wuthering Heights* on Monday, February 24; and come join us a week later (March 3) when University of Michigan Professor Gillian White will share with us her thoughts on Anne Carson's beautiful long poem about *Wuthering Heights*, called "The Glass Essay."

Selected to commence the season of Lent, Brontë's novel and Carson's poem explore with uncommon bravery the complexities of grief and the sometime agony of spiritual longing.

Copies of Wuthering Heights and Carson's Glass, Irony and God (the book in which you'll find "The

Glass Essay") are available at Malaprops Bookstore in Asheville.

#### Meeting Dates and Locations:

Mon., Feb. 24, 7 p.m., The Warner Building: Discussion about Emily Brontë's *Wuthering Heights* 

Mon., March 3, 7 p.m., The Warner Building: Discussion about Anne Carson's "The Glass Essay." Discussion leader: Gillian White, Associate Professor of Contemporary Poetry, University of Michigan, whose *Lyric Shame: Producing XXX* is forthcoming from Harvard University Press.

The All Souls Book Group is the nucleus of the Kay Falk Literary Project, which is centered at the Cathedral as part of its teaching mission. For more information, please contact Emilie White at etwhite8@charter.net.



C.J. Gorius, husband of our own Margo (Regano) Gorius, has recently published a book titled *Always In My Heart*. It is the story of their highschool romance, the years following their breakup, and their "re-union" here at All Souls. It is available on Amazon. Purchase it for your Valentine or for yourself. Proceeds from the sale of the book benefit the All Souls music program and ChildrenFirst/CIS.

Contact rhettandrews@gmail.com or 277-6133.

# SPRING FOYER GROUPS NOW FORMING

#### February 2 registration deadline

Want to get to know more of your fellow parishioners in a relaxed atmosphere? Join a "Foyer Group." A Foyer Group consists of six to eight adults and children. The groups will meet three or more times between March and June to share a meal and fellowship. They may meet in homes, restaurants, or any location. Sign-up forms are available in the back of the church, or call Shonda Asaad at 684-2682 for more information. Deadline to register is Feb. 2.



#### A Scottish Celtic Pilgrimage

May 16 - 25, 2015

Coordinated by The Rev. William V. (Bill) Livingston

What better way to explore Celtic Christianity than a pilgrimage to Scotland? A Scottish Celtic Pilgrimage is scheduled for Saturday, May 16 to Monday, May 25, 2015. Clive Richardson and Ann Gray, a husband-and-wife team, offering tours in the UK since 1998, many with Christian heritage emphasis, will meet us at the airport and serve as our guides as we travel by private minibus/bus.

Our pilgrimage is designed to provide free time to explore. We will spend three nights on Iona, three nights in Edinburgh, and two nights in the bayside town of Oban.

For the daily itinerary with cost, a registration form, or for additional information, please contact The Rev. William V. (Bill) Livingston by email at rector\_bill@bellsouth.net. Registration deadline is May 1, 2014, but early registration is encouraged as space is limited.

After serving as rector of parishes in Mississippi and Western NC, Bill Livingston currently serves as pilgrimage and retreat leader, parish and vestry consultant, spiritual director, and faculty member member of CREDO.



St. Giles Cathedral, Edinburgh



Stirling Castle



Iona Abbey

#### You're invited!



April 11 & 12, 2014

Lake Logan

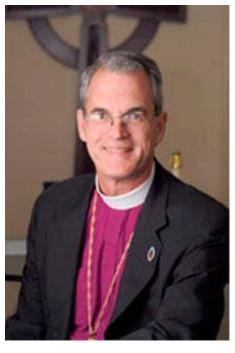
Conference Center

Canton, North Carolina

To lead a holy life is to lead a whole life—a life that glories God in all we do. As we read in 1 Peter: "As he who called you is holy, be holy yourselves in all your conduct." The ancient Christian method for holiness is to embrace daily practices. That is, to be intentional about offering everyday to God by intentionally shaping your day for God.

Retreat is open to all women in the Diocese. To register, and for details on costs and accommodations, go to www.epsicopalchurchwomenwnc.org. For more information contact: Joan Summerfield at 448-1071 or at rjsummerfield@bellsouth.net.

Deadline for registration March 1, 2014



The Rt. Rev. G. Porter Taylor

"As he who called you is holy, be holy yourselves in all your conduct."

1 Peter:15



Come join us!

#### EPISCOPAL CHURCH WOMEN OF THE DIOCESE OF WESTERN NORTH CAROLINA



The 2014 Unified Gift Project for Ministry of Hope (Swannanoa Correctional Center for Women in Black Mountain, NC).

To learn more about this project and find out how you can help, please download the brochure-pdf from www.episcopalchurchwomen-wnc.org/Home\_.

Or contact Joan Summerfield, chair, at rjsummerfield@bellsouth.net.



The Steering Committee of Christians for a United Community (CUC) will hold a meeting/potluck on Thursday, January 30, at 6:00 p.m. at New Mount Olive Missionary Baptist Church, 2 Herman Avenue (off Livingston Street) in Asheville. This meeting will be an overview of projects and events for 2014.

CUC works in community to dismantle the root causes of racism from a faith-based perspective by providing occasions and opportunities for believers from various denominations, cultures, and traditions to come together for shared worship, reflection, service, and fellowship. All are invited to attend; bring a covered dish to share.

The CUC Advocacy Project Team's Book Club will discuss Chapter 5 of *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* by Michelle Alexander on Feb. 8, 10-11 a.m. at St. Matthias Episcopal Church.

The book focuses on the effect of our criminal justice system on African American men as it relates to arrests, convictions, and the instances of discrimination against those with criminal records. To learn more about the book, go to www.newjimcrow.com.



Our hope is that reading this book as a group will inform, clarify, and motivate our advocacy work around the criminal justice system.

Everyone is welcome to attend!

#### MARTIN LUTHER KING DAY

#### A day of prayer and activism



A rapt crowd listened, prayed, and sang at St. James AME Church before the January 20 Peace March photo by A. D. Reed



Community leaders Isaac Coleman and Carmen Ramos-Kennedy prepare to march Jan. 20 photo by A. D. Reed

#### WILLIAM SMITH BRYANT

#### ON A MISSION

On the first day of Advent, I entered my parish here in Hong Kong, the Cathedral of St. John's, and found a delightful surprise in the service leaflet. That morning, as part of the Anglican cycle of prayer, we prayed for the Diocese of Western North Carolina and Bishop Porter Taylor. What a small world!

Being away for the holidays was difficult, but it felt so good to realize that even though I am nearly 8,000 miles away from my beloved mountains, we are still very much connected by the spirit of the church. From Asheville, North Carolina, to Hong Kong, China—we are indeed one bread and one body.

My Christmas Day here was spent riding out to seafarers in the South China Sea giving out small wrapped gifts. The gifts were small—clocks, wallets, and fanny packs—but their impact was great. Many beamed with delight upon receiving a Christmas present just for them.

Being away from family during the holidays is hard. And no one knows this better than a seafarer. This was my first Christmas spent away from home, and it was not easy. However, there was a measure of comfort gained by talking with others who would also not be able to see their loved ones. We celebrated both the heartache and joy of Christmas together as friends, but I think all included were thinking of loved ones back home.

As I approach the halfway point in my mission, I want to tell you again how blessed I feel to be your missionary. Because of your support and prayers, I am able to spread much of what I learned growing up at All Souls to many lonely seafarers out on the ocean. Thank you all!

The Mission recently sent much-needed supplies to those devastated by Typhoon Haiyan. I was proud to be a part of the relief efforts.



#### SENIOR LUNCH BUNCH

#### February 26

The SENIOR LUNCH BUNCH will meet on Wednesday, February 26, at 12:30 p.m. in Zabriskie Hall with Rev. Ham Fuller, Vicar of the Church of the Advocate. The Church of the Advocate is dedicated to serving the homeless and street people of Asheville and Buncombe County. Many of these people are the ones most vulnerable to the uncertainties of our economy.

In addition to providing thousands of meals to those in need on an almost daily basis, gently used clothing is made available throughout the year. Other areas of assistance include medical advice through the nurse station, financial support for prescriptions, and medical and dental work. These discretionary efforts of support are the direct result of the generous support of contributors.

Please join us for lunch as we learn about the many aspects of the Church of the Advocate including the cottage industry program.

#### LIVING IT OUT-SUSAN BLEXRUD

#### By Marion Carroll

In her retirement, Susan Blexrud is fighting the tendency to exert her Enneagram "3." For those of you not familiar with the Enneagram, it is an ancient system that tests personality types to determine the motivation



Photo by Jesse Kitt

behind behavior. As a "3," Susan is highly focused and driven to succeed, traits that served her well in her position as the spokesperson for the City of Orlando. "It was a 24/7 job," she said. "After September 11, for instance, I practically lived at City Hall while we determined the threat to Central Florida, primarily due to our proximity to Disney World and other major tourist attractions."

Susan didn't limit her drive and focus to her job responsibilities. She was just as intense about her volunteer activities, which included CITE, an organization dedicated to providing job opportunities for sight-challenged individuals, and the board of the Winter Park Public Library, where she served as president.

"I used to tackle my responsibilities like a bull in a china shop," Susan said, "and it created a lot of stress in my life. And in addition to the uptick in my blood pressure, I finally stopped one day to ask myself WHY I was spinning so many plates? Was I driven to serve or driven for recognition? That's when I decided that I would devote my retirement philanthropy to working behind the scenes and not being the person who controlled the message. I felt that God had given me the abilities to lead, but that now He was asking me to serve."

When Susan moved to Asheville six years ago, she slowly and deliberately evaluated volunteer pursuits that spoke to her heart. While taking a fiction writing class at A-B Tech (Susan is a published author of romance fiction), she met Ron English, a local philanthropist who was involved in a fledgling organization, Youth OUTright (YO). YO is a support organization for LGBTQ youth, many of whom were and are being bullied in schools throughout Western North Carolina. "My

first husband was gay, and I've always had a heart for what he went through," she said. "For years, he denied the person God had created him to be, which caused heartache for him, me, and our whole family. Had he felt free to be himself much earlier in his life, everyone would have been happier."

Initially, Susan's work with Youth OUTright included assembling a media list for the 18-county Western North Carolina area that the organization serves and writing and sending press releases about YO's charter and work. (At that time, the organization had not yet achieved North Carolina not-for-profit status.) But after a few years of working on the periphery, she joined the board of directors and now serves as vice chair. "I don't want to be the spokesperson for Youth OUTright, but I am very happy to be grinding the wheels in the background."

This past year, Youth OUTright presented its first signature event, The Dance, and Susan was responsible for stories in *Mountain Xpress* and *The Laurel of Asheville*, and she wrote a feature in *WNC Woman* that focused on the event's honorary chairs, Adelaide Key and Maggie Smith. "I loved interviewing Maggie and Adelaide. They have done so much for our community and particularly for children and the oppressed. Adelaide founded The Key School at Carolina Day School to help underachieving children reach their potential."

In 2014, Susan will continue her work with Youth OUTright, will continue to write the "Living it Out" feature for the Connection,



and will be assisting Robbin Whittington at All Souls through the Center for Spiritual Resources to offer a new Enneagram program. "I'm hoping to help Robbin with setting up this program and with sharing my experiences as a "3" and assisting other people identify the traits that underlie their motivation and behavior, as well as how the Enneagram influences our spirituality. There are good and bad aspects of each of the nine Enneagram types. The key is to focus on the good."

www.youthoutright.org

http://susanblexrud.com/

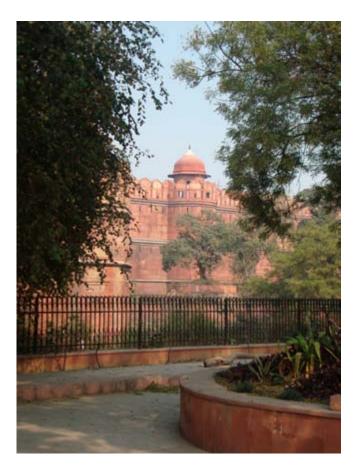
P.S. Marion Carroll is a nom de plume for Susan Blexrud.

### ON THE WAY TO DURGAPUR

From the Rev. Canon Thomas Murphy

By the time you read this, I will be traveling to Durgapur, West Bengal, India, to visit with our companion diocese. So, why travel over 8,000 miles, when we have our own needs in this community, this state, this country? I'm not sure yet. I haven't landed.

In preparing for this trip, I do have some thoughts. I believe that when you travel to a place different from where you live it forces an examination of your own context. For instance, when I turn on the faucet at home, water comes out. I have both traveled and lived in many places where that was not always the case. How much that is taken for granted or assumed is actually a dream for the less fortunate? It causes me to pause a little, as I sit on my comfortable chair, warm from the cold, writing this for *The Cathedral Connection*.





This is where the article could turn in on our

culture. It's not going to, yet. I believe that type of reflection sometimes turns to guilt, then to shame, and then to a whole host of other negative emotions. It can cause me to focus inward, thinking about what we have in this culture instead of allowing an openness to receive. So, what will I gain by traveling these 8,000 miles to find myself a stranger in a strange land? While writing this I did have a thought: what if in visualizing all the strangeness, I overlook our commonalities.

I have had this experience before—traveling in foreign cultures with strange smells and a language that, to the linguistically ignorant, sounds as if every interaction is a fight. My prayer is that when I step off the plane in India I will notice the way a long-married couple glance warmly at each other. I will pay attention to how parents love their children and how little boys keep their beloved dogs by their side. My hope is that when I see the people whose language I will not understand participating in the Eucharist, I can follow along the familiar pattern I have known since birth.

I believe there is something deeply rooted in our culture that is over-emphasized and can lead to dark, isolating paths: our obsession with our uniqueness. We are special especially because we are all different. I admit, oftentimes the difference between people is where I focus my attention—glancing at a reality TV show just long enough to think, "Well, I'm not like that."

So join my prayers in helping me pay attention to the sameness of humanity. As Anglicans worldwide, salvation is something we discover time and again in community. Help me to use this experience to awaken a common hope found deep in the core of our faith: the peaceful cohabitation on this earth, "our fragile island home."

I will let you know when I have landed.



# NOTES FROM THE ATRIUM

from Micki Hill, Catechesis of the Good Shepherd & Children's Formation

As a child, one of my favorite gifts was a kaleidoscope. I was fascinated with it. I had no idea how the kaleidoscope worked, but I loved the quiet sound of the beads as they rattled in their turn and the amazing variety of patterns that would appear as if by magic. As my small hands held it gently and my eyes focused carefully, I would hold my breath in anticipation of the beautiful images that would be revealed with each turn of my wrist.

I eventually learned that there are mirrors placed at varying angles inside a kaleidoscope along with small beads or stones. The light is reflected off those mirrors as the objects tumble with each turn. I also learned the beauty revealed could not be if there were only one mirror.

The image speaks to me of the religious life. What we experience of God, what we learn of God is like one of the mirrors inside of the kaleidoscope. With each additional bit of understanding, with each new moment that helps us fall deeper in love, another angle of reflection is developed which aids our ability to mirror the light.

Alone, we can have experience of God—but the Body is nourished, the beauty is revealed more fully, and our ability to reflect God's glory is made more amazing by the addition of community. The images and ideas, the experience with which I reflect will be different than yours. When our images, ideas, and experience are looked at together they allow the depth or complexity of reflection to become more nuanced.

In the Acts of the Apostles, Luke tells us that the early believers "devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers." It was important for the believers to join together so as to build understanding and to fall deeper in love with God through shared experience. It was important for them to share wisdom, to ask questions, and to seek a closer relationship with God and with one another as they sought to understand and share the Good News.

Fr. Timothy Radcliffe says in *Sing a New Song* that "Study is a way to holiness, which opens our hearts and minds to each other, builds community and forms us as those who confidently proclaim the coming of the Kingdom." When we "devote ourselves to the apostles' teaching" we seek to listen to scripture through another's view. What if the reflection offered acts to transform us?

Through Catechesis courses adults have the opportunity to draw closer through study, to have conversation over scripture, to share with one another what we know of God, and to listen to the heart of another. As we open ourselves for the true teacher to be revealed in study, we may be called to put away our false images of God and even to put away those false images of self. Are we willing to let Jesus change the pattern of our lives?

Our next Catechesis cohort begins March 8, 2014. The group is limited to 15, and I expect it to fill quickly. I pause to imagine and, as with that old kaleidoscope, I anticipate the beauty that is waiting to be revealed. Please contact me (micki@allsoulscathedral.org) if you are interested in joining.



Market Place 29 A.D.

Save the dates for 2014 Vacation Bible School!

Monday, June 23 to Thursday, June 26



#### will meet weekly in February.

Please see the EYC facebook group page and your emails from Milly. Contact her (milly@allsoulscathedral.org, 772-1429) for more information.

facebook.com/groups/allsoulsEYC



**Photo by Bob Young** 

### ASHES TO GO ON ASH WEDNESDAY

#### March 5

"It hurts sometimes," says Sara Miles in her soon-to-be-released book, *City of God*, "to see God out in the holy city, where suffering and dying are real, where I couldn't manage experience or make it into an allegory. But I wanted so badly to get beyond the tastefully enclosed museum of religious life. I wanted to stand on the kind of holy ground that wasn't curated by church professionals, where a burning bush could blaze forth in defiance of safety regulations and outside of regular office hours."

These words resonate for me in a way that dissolves my sense of isolation. We are, after all, sent out into the world to love and serve the lord "in the holy city where suffering and dying are real." The liturgy we take part in prepares us for this in ways that are beyond our imagining.

Come March it will be ours to welcome a season particularly fond of the holy city, acutely in touch with the holy ground that is uncurated, and where we the people of God are called to repent of our sins. As Thomas Keating makes clear in his book *Liturgy as Spiritual Experience*, "to repent" simply means to "turn around" to face another direction—one where God can use us and where we stand in a firm relationship with Him and with our truest self.

I commend both of these very different books to your reading list as we look toward the season of Lent. And I invite you to consider during these last weeks of Epiphany: Where is God calling you to change directions, to turn around or to repent? We are all being called out ... after being fed there is no other response.

As we enter this season of Lent, one way we can engage with this call to go out is through the liturgical movement of Ashes to Go (http://ashestogo.org/). On Ash Wednesday many priests, pastors, and lay leaders will gather downtown and in West Asheville to dispense ashes to people in their communities, while living their lives—not waiting for them to come to us, but rather hearing our invitation to go out and to be with them. In doing so, in meeting them among the dirt and the dust of the streets, we remember, and remind, "to dust we shall return."

Consider joining us on Ash Wednesday in the holy city of Asheville, where suffering and dying are real and where God is ready to meet us. Contact Milly at 772-1429 or milly@allsoulscathedral.org for more information.

### ROOTS + WINGS SCHOOL OF ART AND DESIGN

rootsandwingsarts.com • 828.545.4827

Register online or email info@rootsandwingsarts.com.

#### Art + Design Semester Programs

#### Visual Art Adventures

- Ages 3-6
- Wednesdays, 4:00-5:00 p.m.

We will draw, paint, collage, print and sculpt as we learn about places, animals and artists from around the world!

#### Clay + Mixed Media Explorations

- Grades K-5
- Thursdays, 4:00-5:00 p.m.

During this ongoing hand-building clay and mixed media session we will explore functional forms, decorative chimes, toys and garden sculptures, and a variety of boxes.

#### Art and Dance Collaboration with Studio Zahiya

- Ages 7-10
- Tuesdays, 4-5:30 p.m.
- February 4- 25 Art and Dance of the Middle East
- March 4- 25 Art and Dance of Egypt





Photo by Bob Young

#### **AUTUMN GRACE**

#### February 15

Autumn Grace is dedicated to older women who are seeking community and spiritual deepening. The February meeting will be held in the first floor Conference Room of the Warner Building on Saturday, February 15. Please bring a breakfast item to share during the Social Time at 9:30 a.m. A brief worship will begin about 10:00 and will be followed by the program, adjourning at 11:30.

Kay Clark, Geriatric Nurse Practitioner and a member of All Souls, will join us to share her expertise around death and dying. During more than 30 years she has had the opportunity to be with many patients as they were dying. She will speak to us about these experiences, the mystery of dying, and the science of how the human body and its systems work together as we die.

For more details contact Babie Chromy at jstrobel5@charter.net or 687-2926.

If your birthday and/or wedding date is not listed or is incorrect, please call or email the church office and let us know.

#### February Birthdays

- 1 Bootsey Birthright, Jacque Combs, Lynn Mangino, Mary Nard, Emily Neal, Forest Overbay, Ralph Schwarzkopf, Brendan Smith
- 2 John Gardner, Anne Kime, Chris Lynn
- 3 Charlotte Cleghorn, David Garver, Joanna Maitland, Robert Pierce
- 4 Ric Albrecht, Andy Harper, Sondra Stamey
- 5 Eryn Miller
- 6 Claire Garcia
- 7 Leslie McCrory, Sophia McKeown
- 8 Mandie Carlson
- 9 William Noel, Eric Ordnung, Jackie Rollins, Victoria Thompson, Jill Vargo
- 10 Andrew Beasley, Hannah Pennell, Kate Spooner, Andrew Wortas
- 11 Rosa Lee Harden, Maryrose McWhirter, Raymond Rapp, Thomas Zabriskie
- 12 Eileen Betty, Patricia Hayes
- 13 Jennifer Middlemas, Richard Starr, Caryn Stover
- 14 Betsy Gardner, Miller Graves, Austen Melton, Jason Truesdale
- 15 Bev Gaines, Alison McKnight, Charlotte Pritchett, Linda Vickery
- 16 Emily Fairhead, Kelly Land, Nancy Prazma
- 17 Scott Huebner
- 18 Everett Fredholm, Sally Hearn, Marjorie Hickman, Flora Konz, Ashlyn Lassiter, William Lassiter, Sean MacCauley
- 19 Donna Farrington, Mollie Lance
- 20 Ellen Anastos, Rebekah Fredholm
- 22 Eli Colson, Stu Cotner, Fred Plimpton, James Ramming, Wade Saunders
- 23 Joe Green, David Henderson, Mac Tidwell
- 24 Meredith Campbell, Nancy Mills, Pamela Mumby, Electa Smith, Heather Stuart
- 25 Kevin Donahue, Earl Rhoades
- 26 Mariah Auman, Jon Bellows, Arin Billings, Ellen Hoyle, Charlotte Hutchison
- 27 Aline Carillon, Thomas Myer
- 28 Dixie Guthrie, Jane Henderson

#### February Anniversaries

- 5 Candace and Robert Peebles
- 6 Judy and Ronald Winchell
- 9 Kathryn and Roger Henry
- 12 Annie and Thomas Wolfe
- 21 Ronald Curran and David Henderson

#### **Prayer Requests**

Kate Spooner, Meg Karayiannis, Chip Hundredmark, Bob Morrow, Kate Teitelbaum, Fred Plimpton, Karen Sams, Fallon Elkes, Bill Dodge, Kari Owens, Steve Blizzard, Quentin Fabrian, Rebecca Jackson, Nan May, Maude Carver, Taylor Jacobs, John Chromey, Larry and David Weigel, Joey Davis, Amy Ray, John Crook, Heather Stuart, David Truelove, The Bott Family, Mary Doyle, Joe and Gayle Williams, Jill Stevenson, Bill Kinschner and family, Suzzy Sams, Roger and Ollena Sears, Glyn, Sybil, family of Sam Craig, Glenway and Jeanne Maxon, Art Ackermann, Stacey, Gail and Joe Williams, Paul Flynn, John Smith, Betty Nokes, Pat Hayes, Jacque Combs, Lorin Swinehart, Sara Scruggs and family, and Betty Frisbee.

#### **Active Military Prayer List**

Miles Allen (grandson of Marleen Varner), Adam Anderson (son-in-law of Pat and Doug McDowell), Jeremy Beal (nephew of Diane and Paul Summey), JoAnn Burgess (granddaughter of Allen Campo), Greg Carter (friend of Maggie Hopper), David Clifford (son of Wayne and Laurie Clifford), Michael DiPrisco (grandson of Polly and Rob Gaylord), Dan Douce (cousin of Carolyn Turner), Michael Fallon (friend of Becky and Everett Fredholm), Jason Gass (friend of Jen Peeples), Eric Hancock (step brother of J Clarkson), Amelia Harrison (granddaughter of Del Hare), Christopher Hart (nephew of Jeff Benninghofen), Patrick Hickey (son of Junay and Pat Hickey), Nils Laubscher (son of Kenneth and Luann Laubscher), Jason Lerner (son-in-law of Susan Larmore), Brian McDowell (son of Pat and Doug McDowell), Amanda McDowell (daughter of Pat and Doug McDowell), Cory P. Moore (son of Robbin Brent Whittington), Annika Schauer (daughter of Barbara Schauer), Justin Smith (nephew of Jon and Kim Miller), Scott Summers (son of Steve Summers), Robert Sweet (friend of Becky and Todd Donatelli), and Brandon Sweetman (cousin of Bill Doyle).

Call or e-mail Pat McDowell at 277-8176 or patsylol@ aol.com if you wish to add someone to this list.

#### The Cathedral of All Souls 9 Swan Street Asheville, NC 28803

#### **Address Service Requested**

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#### **Worship at All Souls**

Contemplative Noon Prayer— Thursdays at noon (Owen Library)

Holy Eucharist—

Wednesdays at noon and 5:45 p.m. and Sundays at 7:45, 9:00, and 11:15 a.m.

For Readings, please see the The Lectionary Page http://lectionarypage.net

#### **All Souls Office Hours and Contact Information**

Monday-Friday 9:00 a.m. to 5:00 p.m. (828) 274-2681, Fax: (828) 277-9461 9 Swan Street, Asheville, NC 28803 http://www.allsoulscathedral.org

#### **About The Cathedral Connection**

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